

## **California Center for Infant Family & Early Childhood Mental Health**

Opportunities to add needed knowledge (Domain 1)

for Endorsement as Transdisciplinary Providers

Knowledge Domain	Hours Req'd	Online topic, link, & hours
A. Parenting, Caregiving, Family Functioning & Parent Child Relationships	20	<ul style="list-style-type: none"> <li>• Attachment Vitamins: <a href="#">Early Childhood Attachment, Stress, and Trauma Course</a> (9 modules; modules 1, 2, 3, 8 = approx. 120 minutes)</li> <li>• Family Partnership and Culture: <a href="http://www.caearlychildhoodonline.org">www.caearlychildhoodonline.org</a> (5 modules, 1 hour each)</li> <li>• Mt Sinai Keystones of Development series designed for <b>pediatric residents</b>: <a href="https://parenting.mountsinai.org/providers/">https://parenting.mountsinai.org/providers/</a> Provides overview info on parent-child relations and social emotional development, including attachment and executive function skills. Designed for embedding in well child visits. Handouts and cheat sheets on content available for download. References provided for further reading. (4 hours of online info in 13 modules 20 minutes long each)</li> </ul>
B. Infant, Toddler, & Preschool Development	24	<ul style="list-style-type: none"> <li>• Attachment Vitamins: <a href="#">Early Childhood Attachment, Stress, and Trauma Course</a> (9 modules; modules 4, 6, 7 = approx. 90 minutes)</li> <li>• California Early Childhood Online modules: <a href="http://www.caearlychildhoodonline.org">www.caearlychildhoodonline.org</a> <ul style="list-style-type: none"> <li>○ 3 Rs of Early Childhood (3 modules; 6 hours)</li> <li>○ CSEFEL Teaching Pyramid (1 module, 3 hours)</li> <li>○ Inclusion Works (2 modules, 2 hours each)</li> <li>○ Watch Me! Celebrating Milestones and Sharing Concerns (3 modules, 1 CEU available)</li> <li>○ Infant/Toddler Foundations and Frameworks (4 modules, 1-2 hours each)</li> </ul> </li> <li>• Harvard Center on Developing Child <ul style="list-style-type: none"> <li>○ <a href="#">The Brain Architects: Building Resilience Through Play</a> (1 hour Podcast)</li> <li>○ <a href="#">Play in Early Childhood: The Role of Play in Any Setting</a> (10 min video with additional links and resources)</li> <li>○ <a href="#">Serve &amp; Return Interaction Shapes Brain Circuitry</a> (approx. 30 min with video clips and resource content)</li> </ul> </li> <li>• <a href="#">Program for Infant Toddler Care (PITC) training</a>. The Virtual PITC Trainer Institute begins with a five-day synchronous launch, followed by 24 weeks of online learning experiences that require about three hours of time commitment per week, and ends with a two-day wrap-up. All participants earn professional growth hours. <b>FEE Required</b></li> </ul>
C. Biological & Psychosocial	12	<ul style="list-style-type: none"> <li>• Creating Brave Spaces-Disrupting Implicit Bias in Early Care and Education: <a href="http://www.caearlychildhoodonline.org">www.caearlychildhoodonline.org</a> (4 modules, 12 hours)</li> </ul>

Factors Impacting Outcomes		<ul style="list-style-type: none"> <li>• Early brain development &amp; self-regulation: <a href="https://modules.fpg.unc.edu/nceln/MHMod1/index.html">https://modules.fpg.unc.edu/nceln/MHMod1/index.html</a> (30 minutes plus reflections)</li> <li>• Attachment Vitamins: <a href="#">Early Childhood Attachment, Stress, and Trauma Course</a> (9 modules; modules 5, 9 = approx. 60 minutes)</li> <li>• Harvard Center on Developing Child <ul style="list-style-type: none"> <li>○ <a href="#">Key Concepts Toxic Stress</a> Video clips, readings, handouts, and resources (1 hour total)</li> <li>○ <a href="#">Re-Envisioning Early Childhood Policy and Practice in a World of Striking Inequality and Uncertainty</a> Resource, readings and podcasts (approx. 3 hours)</li> <li>○ <a href="#">How Racism Can Affect Child Development</a> Infographic, brief reading, and resources (30min)</li> </ul> </li> <li>• Trauma Informed Care: <a href="http://www.caearlychildhoodonline.org">www.caearlychildhoodonline.org</a> (3 modules, 2 hours each)</li> </ul>
D. Risk and Resiliency	30	<ul style="list-style-type: none"> <li>• California Early Childhood Online modules: <a href="http://www.caearlychildhoodonline.org">www.caearlychildhoodonline.org</a> <ul style="list-style-type: none"> <li>○ Trauma Informed Care (3 modules; 6 hours)</li> <li>○ Responsive Early Education for Young Children and Families Experiencing Homelessness (3 modules, 1 hour each)</li> </ul> </li> <li>• The National Child Traumatic Stress Network <ul style="list-style-type: none"> <li>○ <a href="#">The 12 Core Concepts: An Online Interactive Course</a> (25 min module)</li> <li>○ <a href="#">Trauma and Development Part 1: How to Think Development</a> (35min module)</li> <li>○ <a href="#">Secondary Traumatic Stress: Understanding the Impact on Professionals in Trauma-Exposed Workplaces. Enroll</a> (6 modules with facilitation guide and accompanying presentations; approx.6 hours)</li> </ul> </li> <li>• <a href="#">Building Resilience Through Early Relationships</a> (40 minutes module plus reflections)</li> <li>• <a href="#">Toxic Stress &amp; Early Brain Development</a> (30 minutes module plus reflections)</li> </ul>
E.	12	<ul style="list-style-type: none"> <li>• <a href="#">Infant/Toddler Development, Screening and Assessment</a> One of 3 modules focused on infant/toddler screening and assessment developed for childcare consultants</li> <li>• Infant Mental Health Promotion Program –Canada: <a href="#">Infant Mental Health: Basics</a> (75 minutes video; focus is what to do following screening)</li> </ul>
F. Diagnosis & Intervention	12	<ul style="list-style-type: none"> <li>• The National Child Traumatic Stress Network <ul style="list-style-type: none"> <li>○ <a href="#">Psychological First Aid (PFA). Enroll</a> (5-hour interactive course on disaster response, including impact on providers)</li> <li>○ <a href="#">Working with Parents Involved with the Child Welfare System. Enroll</a> (3 modules; 50min)</li> <li>○ <a href="#">The Impact of Interpersonal Trauma in Early Childhood and Ways We Can Help. Enroll</a> (2 modules; 2 hours)</li> </ul> </li> </ul>

		<ul style="list-style-type: none"> <li>• Center on the Social and Emotional Foundations for Early Learning <ul style="list-style-type: none"> <li>○ <a href="#">PreSchool Training Modules</a> (5 modules focused on preschoolers for Promoting Social and Emotional Competence; approx. 6 hours each)</li> <li>○ <a href="#">Infant/Toddler Training Modules</a> (4 modules focused on infant and toddlers for Promoting Social and Emotional Competence; approx. 7-8 hours each)</li> </ul> </li> <li>• <a href="#">Circle of Security Models</a> <b>FEE Required</b> <ul style="list-style-type: none"> <li>○ Circle of Security Parent (approx. 35 hours) and Circle of Security Intensive Therapy Models</li> <li>○ <a href="#">COS Intensive Trainings Pathways</a> Info (Must complete COSP first, then 5 day intensive in-person training follows)</li> </ul> </li> </ul>
G. Interdisciplinary/ Multidisciplinary Collaboration	6	<ul style="list-style-type: none"> <li>• <a href="#">Infant/Toddler Development, Screening and Assessment</a> Activity VII: Connecting with Systems Supporting Infant/Toddler Development (pgs. 46-49). Complete this form for your region of California (can be the county, large section of a county, multiple counties served (approx. 2 hours)</li> </ul>
H. Ethics	4	<ul style="list-style-type: none"> <li>• <a href="#">NAEYC Code of Ethical Conduct</a> (7 modules on YouTube approx. 1 hour total) *take quiz on Code at this website: <a href="#">NAEYC Code of Ethical Conduct- Quiz &amp; Worksheet</a></li> </ul>