



CALIFORNIA CENTER  
for Infant-Family and Early Childhood Mental Health  
at WestEd Center for Prevention & Early Intervention

## Personal Statements Checklist

*For complete endorsement requirements please refer to the [California Compendium of Training Guidelines, Personnel Competences, and Professional Endorsement Criteria for Infant-Family and Early Childhood Mental Health](#)*

### A. Mental Health Specialist/Transdisciplinary Mental Health Practitioner/Advanced Transdisciplinary Mental Health Practitioner Applications

Personal statements are an opportunity to reflect on your training, experience and commitment for the inclusion of Infant Early Childhood Mental Health competencies in your work with children ages 0-5 and their families. With this brief statement, the review panel gets to know you and your unique professional journey. The personal statement should include:

- ✓ Applicant Name
- ✓ Endorsement Requested
- ✓ Age Category Requested - either 0-3, 3-5, or 0-5
- ✓ Brief narrative statement regarding your professional background related to infants, children and families. State your professional goals and why you are seeking endorsement from the California Center.

### B. Reflective Practice Facilitator I/Reflective Practice Facilitator II

Personal Statements should include:

- ✓ Applicant Name
- ✓ Endorsement Requested
- ✓ Brief narrative statement explaining how you met the requirements to become a RPF including reflective practice articles/books read, set of videos/DVDs on reflective



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practice, minimum of 9 hours didactic training, who your mentor or/or reflective practice group was, and that you conducted a reflective practice facilitation session (live, video or audio) which was reviewed and discussed with your mentor. Reflect on what being a RP Facilitator means to you.

### C. Reflective Practice Facilitator Mentor Applications

Personal Statements should include:

- ✓ Applicant Name
- ✓ Endorsement Requested
- ✓ Brief narrative statement explaining how you meet the requirements to become a Mentor including 18 hours of consultation from your reflective practice mentor, the name of your mentor, an example of how you worked across two disciplines and an attestation that you conducted 200 hours of reflective practice facilitation to supervisees or mentees.