

“Children learn more from birth to age 3 than any other time in life.”

During these years, what we do will affect the way they learn, think and behave forever. As parents, child care providers and concerned citizens, it is our job to ensure that our youngest and most vulnerable residents are prepared and ready to enter the classroom.”

– **Building the Foundation for Bright Futures, National Governor's Association Task Force on School Readiness**



The Three R's of Early Childhood: Relationships, Resilience, and Readiness is a 9-1/2 minute DVD describing the importance of a strong social and emotional foundation for school readiness. This DVD, produced in collaboration by the WestEd Center for Prevention and Early Intervention and the University of Southern California Center for Excellence in Developmental Disabilities, Childrens Hospital Los Angeles, presents two decades of research indicating the importance of the first few years of life. It is during this time that children will grow and develop the foundational skills they need to be successful in school and in their lives. Using early brain development as its research base, pioneers in the field have shaped the way we look at early relationships and their impact on children in a variety of developmental areas. It is clear that focusing on early relationships between young children and their caregivers has lifelong implications for achieving healthy social and emotional well-being.

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