



CALIFORNIA CENTER  
for Infant-Family and Early Childhood Mental Health  
at WestEd Center for Prevention & Early Intervention

## **Letters of Recommendation Checklist for Reflective Practice Mentor Endorsement Applicants**

For complete endorsement requirements please refer to the [California Compendium of Training Guidelines, Personnel Competences, and Professional Endorsement Criteria for Infant-Family and Early Childhood Mental Health](#)

As a Mentor applicant, you must submit at least one letter of recommendation from a person who provided reflective practice facilitation mentorship to you. The Mentor letter of recommendation should be from someone other than the person who wrote the letter of recommendation for your Mental Health Specialist, Transdisciplinary IFECMH Practitioner or Reflective Practice endorsement.

Letters of recommendation should include the following:

- Your name.
- Title of the endorsement category you're applying for (Mentor).
- Time frame during which you received reflective facilitation mentorship (i.e. *June 2012 to Oct 2014*).
- The total number of hours of mentor consultation received while you provided RPF training/support to others toward your hours to become a Mentor. (18 hours required)
- A description of the recommendation writer's role in the field of infant-family and early childhood mental health.
- Verification that the writer observed your reflective facilitation session and provided constructive feedback. (may be a video recording)
- The recommendation writer's impressions of your capacity to make use of your own reflective practice experience and to provide reflective practice facilitation or mentoring to others for their professional growth.
- The relationship of the recommendation writer to you (e.g., agency supervisor, training program facilitator, colleague, or other).
- The recommendation writer's original signature written on his/her official letterhead (If the writer has retired or does not have official agency or practice letterhead, please indicate this in your personal statement).