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# CALIFORNIA CENTER

for Infant-Family and Early Childhood Mental Health

*at WestEd Center for Prevention & Early Intervention*

## Updated Requirements for Reflective Practice Mentors

Reflective Practice Mentor endorsement is an important step for individuals who are providing leadership, workforce development, and advanced support in the Infant-Family and Early Childhood Mental Health field. In our continued efforts to support more uniform quality standards for mentorship across diverse professional fields, we are clarifying standards for experience and consultation support for those applying for mentorship. Please review this information carefully.

Activities of a mentor include but are not limited to program development, evaluation, supervision, training, staff development, policy development, research, and work within and across systems of care serving young children and families.

### **Updated Requirements for Reflective Practice Mentor Endorsement: February 1, 2015**

1. Mentors are required to document 500 hours of reflective practice facilitation to supervisees or mentees over a period of two to five years. Please note that these are hours accrued after the original endorsement as an RFP I or II. Mentors are required to have had experience in both individual and group supervision.
2. Mentors need one year of experience providing reflective facilitation with someone in a leadership role who is building reflective practice facilitation skills. This experience can be acquired concurrently with the experience requirements outlined in #1.
3. Mentors are required to submit a video of themselves working with a supervisee or mentee in a leadership role and a one-page reflection on the video.
4. Mentors will have worked across at least two disciplines. As an example, a social worker might have worked in community mental health and also provided consultation to a Head Start program. These requirements are meant to help capture the notion that the mentor demonstrates professional and leadership responsibility to the growth and development of the field.
5. Mentors must have 18 hours of consultation from a Reflective Practice Mentor endorsed by the California Center for IFECMH.

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