

Domain 1: Knowledge

A: Parenting, Family Functioning, and Parent-Child Relationships –over 32 hours

The requirements for this subsection were met through the 3 year Harris training program, the five Zero To Three NTIs, the 2 IDA conferences, the Touchpoints and Reflective Practice trainings, Napa Infant-Parent Mental Health Certificate Program trainings, Adult Attachment Interview training as well as the other trainings listed above.

Additional trainings that fulfill this subsection as well as others:

1. How You Are is as Important as What You Do: The Nature of Nurturing, April 28, 2004 with Dr. Victor Bernstein sponsored by IDA, DeAnza College Child Development Dept, and Easter Seals Bay Area-6.0 hours
2. Babies Can't Wait: Targeting Social & Emotional Issues in Early Childhood, October 28, 2004 with Dr. Betsy Wolfe sponsored by Santa Clara County Dept. of Alcohol and Drug Services Learning Institute – 6.5 hours
3. Dyadic Developmental Psychotherapy Training, February 8 & 9, 2007 with Dr. Mary Claire Heffron sponsored by FIRST 5 and Santa Clara County Mental Health Dept. -12 hours
4. Relational Psychophysiology: Physiological Dimensions of Dyadic States of Consciousness and Potential Applications to Psychotherapy Research, November 13, 2008 with Dr. Ed Tronick sponsored by Children's Hospital and Research Center of Oakland-Early Childhood Mental Health Program – 6 hours
5. Maternal Insightfulness & Child Attachment in Typical and Atypical Development, January 30, 2009 with Dr. David Oppenheim from University of Haifa, Israel sponsored by the Children's Health Council – 6 hours
6. Child-Parent Psychotherapy with Culturally Diverse Families, Dec 2, 2006 with Dr. Chandra Ghosh Ippen and Dr. Patricia Van Horn at the Zero To Three NTI 2006 – 1.5 hours

B: Infant, Toddler, and Preschool Development – over 36 hours

The requirements for this subsection were met through the 3 year Harris training program, the five Zero To Three NTIs, the 2 IDA conferences, the Touchpoints and Reflective Practice trainings, Napa Infant-Parent Mental Health Certificate Program trainings, Infant Massage and Touch Communication training as well as the other trainings listed above.

Brazelton's Touchpoints (51.5 hours) and the Newborn Observation tool (8 hours) enhanced what I learned through the Harris training program. Touchpoints has a particular section that addresses cultural variations in development and family expectations. This is the section that I teach as a Touchpoints Trainer.

C. Biological and Psychosocial Factors Impacting Outcomes – over 24 hours

The requirements for this subsection were met through the 3 year Harris training program, the five Zero To Three NTIs, the 2 IDA conferences, the Touchpoints and Reflective Practice trainings, Napa Infant-Parent Mental Health Certificate Program trainings, Adult Attachment Interview training as well as the other trainings listed above.

Those individual trainings listed in 1A also meet this requirement.

Additional Trainings that fulfill this requirement and other subsections:

1. New Perspective on Racial & Ethnic Disparities in Birth Outcomes-September 10, 2003 with Dr. Michael C. Lu from UCLA, sponsored by Santa Clara County Public Health Dept. Maternal Child & Adolescent Health – 3.5 hours
2. Relational Psychophysiology: Physiological Dimensions of Dyadic States of Consciousness and Potential Applications to Psychotherapy Research, November 13, 2008 with Dr. Ed Tronick sponsored by Children’s Hospital and Research Center of Oakland-Early Childhood Mental Health Program – 6 hours
3. Early Mental Health Interventions Following Traumatic Events, May 5, 2005 with Bob Porter, LCSW sponsored by Santa Clara County Mental Health Dept.- 3.5 hours
4. Child-Parent Psychotherapy with Traumatized Infants & Young Children, May 2, 2007 with Dr. Patricia Van Horn sponsored by the Children’s Health Council – 6 hours
5. Moments of Meeting Between Neonate and Parent, Dec. 5, 2009 with Dr. Nadia Bruschiweiler-Stern at the Zero To Three NTI 2009 – 1.5 hours
6. Treatment Strategies for Infants, Toddlers, and Parents with Fetal Alcohol Spectrum Disorders, Dec. 6, 2009 with Dr. Claire Coles at the at the Zero To Three NTI 2009 – 1.5 hours
7. Sensory Integration and Self Regulation: Creating Goodness of Fit Between Children and their Environments, Dec. 1, 2006 with Marie E. Anzalone, ScD, OTR, FAOTA at the Zero To Three NTI 2006 – 1.5 hours
8. Special Start Training: The Development of Self-Regulation: Newborn to Three Years, January 11, 2005 at Mills College with Kathleen VandenBerg, MS Ed., MA and Dr. Linda Perez – 6 hours
9. Early Identification of Autism in Infants/Toddlers and Intervention Approaches, April 7, 2006 with Dr. Sally J. Rogers sponsored by the IDA of California – 3 hours

D: Risk and Resiliency – over 36 hours

In November 2008, I joined a quarterly study group (23.5 hours so far) led by Dr. Allan Schore which focuses on the intersection of interpersonal neurobiology, attachment, and clinical practice.

Through the University of Massachusetts Boston Infant-Parent Mental Health Post-Graduate Certificate Program in Napa, CA. directed by Dr. Kristie Brandt and Dr. Ed Tronick, I have

SAMPLE NARRATIVE OF LEARNING EXPERIENCES ORGANIZED BY THE EIGHT KNOWLEDGE DOMAINS

attended the half-day trainings (4 hours each) with Dr. Dan Siegel (Therapy from the Inside Out-Nov. 14, 2008) and Dr. Peter Fonagy (Keeping a Child's Mind in Mind-Jan. 16, 2009). Full day trainings include Newborn Behavioral Observation (NBO) Certification Training (March 26, 2010-8 hours) with Dr. J. Kevin Nugent, Dr. Keefer, and Dr. Johnson, Helping and Healing: Understanding the Neurobiology of Trauma, Neglect, and Abuse (June 4, 2010- 7 hours) with Dr. Bruce Perry, and the Neuro-Relational Framework for Working with Children 0-5 & their Families (July 17, 2010 – 7 hours) with Dr. Connie Lillas.

Additional Trainings that fulfill this and other subsections:

1. Alcohol-Related Neurodevelopmental Disorders, May 11, 2010 with Melissa King sponsored by Parents Helping Parents and FIRST 5 of Santa Clara County – 2.0 hours

E. Observation, Screening, and Assessment – over 60 hours

The requirements for this subsection were met through the 3 year Harris training program, the five Zero To Three NTIs, the 2 IDA conferences, the Touchpoints and Reflective Practice trainings, Napa Infant-Parent Mental Health Certificate Program trainings, Adult Attachment Interview training, the Newborn Observation Tool (NBO) as well as the other trainings listed above.

F: Diagnosis and Intervention – over 70

Through the Harris training program, I received DC0-3R and cross-walk training with Dr. Cherise Northcutt.

Additional DC0-3 R/Crosswalk training:

1. Diagnosis of Infants and Young Children: An Introduction and Case Presentation of the DC0-3, December 2, 2004 with Dr. Beth Limberg, Dr. Allison Pinto, Dr. Jean Thomas at the Zero To Three NTI 2004 Pre-Institute Forum – 6 hours
2. Translating DC 0-3 into DSM-IV and ICD-IX Codes, December 3, 2004 with Kathryn Shea, MSW, Dr. Charles Huffine, Mary Newman, LCSW, and Dr. Linda Perez at the Zero To Three NTI 2004 – 1.5 hours
3. Diagnosing Trauma in Infancy, Dec. 3, 2004 with Dr. Linda Perez, Noelle Bruton, MFT, and Mary Newman, LCSW at the Zero To Three NTI – 1.5 hours
4. Advanced Clinical Reasoning Using the DC0-3R, May 5, 2006 with Dr. Donna Weston sponsored by Every Child Counts FIRST 5 Alameda County – 6 hours
5. Diagnosing Infants and Young Children Using the DC0-3R, October 26 & 27, 2006 with Dr. Beth Limberg sponsored by FIRST 5 Santa Clara County and Santa Clara County Mental Health Dept. – 12 hours

Trainings on intervention strategies are as listed in subsections above. I have received training in Parent-Child Psychotherapy, Dyadic Therapy, Play Therapy, Sandplay Therapy, Therapy for Trauma victims, DIR/Floortime, Parent-Child Interaction Therapy (PCIT), Seeking Safety, Motivational Interviewing, and others. I am certified in Eye Movement Desensitization and

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Reprocessing (EMDR) Levels 1 and 2 and Infant Massage and Touch Communication. Some already listed trainings are as follows:

1. Child-Parent Psychotherapy with Traumatized Infants & Young Children, May 2, 2007 with Dr. Patricia Van Horn sponsored by the Children's Health Council – 6 hours
2. Dyadic Developmental Psychotherapy Training, February 8 & 9, 2007 with Dr. Mary Claire Heffron sponsored by FIRST 5 and Santa Clara County Mental Health Dept. -12 hours

G: Interdisciplinary/Multidisciplinary Collaboration –over 8 hours

I am a member of the Infant Mental Health Collaborative which includes members from Mental Health, County Office of Education, San Andreas Regional Center, Public Health Nursing, Social Services Agency, and other agencies. Each monthly meeting there is a presentation regarding specific topics related to infants and children and their families or about different services within the community for this population. The last presentation in August 2010 focused on child welfare services (Differential Response) for those families diverted from the dependency system. Last month focused on the Family Nurse Home Visitation Program.

H: Ethics –over 4 hours

I have completed my Law and Ethics training every 2 years.

Last training:

1. Law and Ethics with Dr. Steven Frankel-March 13, 2008 sponsored by Santa Clara County Dept of Alcohol and Drug Services – 6 hours

Domain 2: Clinical Experience/Reflective Practice Facilitation

Clinical Experience/Reflective Practice Facilitation-over 1260 hours Prenatal to 5:

The following is a list of Reflective Practice Supervision/Facilitation trainings I attended:

1. Touchpoints and Reflective Practice, August 11-13, 2009 and March 9-12, 2010 with the Brazelton Touchpoints Faculty: Ann Stadtler, Ed Tronick, Cathy Ayob, Marlies Zammuto, John Hornstein, Mindy May, and Kristie Brandt.-51.5 hours
2. Facilitating the Reflective Process in Infant and Early Childhood Mental Health Work with Dr. Kristie Brandt, July 17-18, 2009, Napa Infant-Parent Mental Health Training Program-16 hours
3. The Reflective Continuum: Deepening the Knowledge and Process, December 3, 2009 with Dr. Rebecca Shahmoon-Shanok, Dr. Deborah Weatherston, Dr. William Shafer, etc at the Zero To Three NTI Pre-Institute-6 hours

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4. Making Reflective Supervision Work in Relationship-Based Organizations with Dr. Donna Davidovitz, September 14-16, 2009 at FIRST 5 of Santa Clara County-19 hours
5. Reflective Supervision: Beyond the Basics-Strategies for Supervisors of Staff Serving Infants and Young Children with Dr. Mary Claire Heffron and Dr. Donna Davidovitz, April 17, 2009- 7.5 hours
6. Reflective Supervision: Strategies for Supervisors of Staff Serving Infants and Young Children with Dr. Mary Claire Heffron and Dr. Donna Davidovitz, May 5, 2004 – 6 hours
7. Currently in reflective practice supervision/facilitation with Dr. Stephen Seligman, Professor of Psychiatry, UCSF, Infant-Parent Program